

Senior Resource Directory for Washtenaw County

1. ADULT DAY SERVICES

CSSW The Oaks-Ann Arbor..... 734-662-4001
 Memory Support Center at Brecon Village..... 734-295-9811
 Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B..... 800-852-7795
 Jewish Family Services (JFS)..... 734-769-0209

3. HOME MAINTENANCE/REPAIR/SAFETY

CSSW/NSS Home Maintenance/Repair/Home Safety..... 734-712-7774
 OCED Home Weatherization Program..... 734-544-3008
 WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services..... 734-926-0155
 Chelsea Behavioral Health Services..... 800-328-6261
 Or..... 734-593-5251
 WC Community Mental Health..... 734-544-3050
 Jewish Family Services (JFS)..... 734-769-0209
 U of M Psychiatric Emergency Services..... 734-996-4747
 24-hr Crisis Center

5. EDUCATION

American Association of Retired Persons (MI Office).... 866-227-7448
 Elderquest at EMU..... 734-487-0882
 Osher Lifelong Learning Institute at UM..... 734-998-9351
 Washtenaw Literacy..... 734-879-1320
 WCC Economic and Community Development..... 734-677-5060

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free..... 855-444-3911
 CSSW Senior Services Resource Advocacy..... 734-712-7774
 SafeHouse Ctr (Domestic Violence/Sexual Assault)..... 734-995-5444
 CSSW ADA (Alternatives to Domestic Aggression)..... 734-926-0159

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross..... 734-971-5300
 Community Resource Center (Manchester)..... 734-428-7722
 CSSW Emergency Food Program..... 734-662-4462
 Faith in Action (Dexter & Chelsea School Districts)..... 734-475-3305
 Friends in Deed..... 734-484-4357
 House by the Side of the Road..... 734-769-4085
 JFS Food Pantry & Clothing Programs..... 734-769-0209
 Northfield Human Services..... 734-449-0110
 Saline Area Social Services..... 734-429-4570
 Salvation Army Ann Arbor..... 734-332-3474
 Salvation Army Ypsilanti..... 734-482-4700
 Shelter Association of Washtenaw County..... 734-662-2829
 S.O.S. Community Crisis Center (food)..... 734-484-9945
 U of M Psychiatric Emergency Services..... 734-996-4747
 24-hr Crisis Center
 WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
 MSU Extension Housing Counselors..... 734-222-9595
 Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

9. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents As Parents..... 734-712-3774

10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services..... 248-473-1888
 EMU College of Education Clinical Suite..... 734-487-4410
 UM Turner Senior Resource Center..... 734-998-9353

11. Home Health Care

St. Joseph's Mercy (Chelsea)..... 734-593-5780
 EHM Senior Solutions (Shared Services)..... 734-222-4037
 Caring Partners Home Health..... 734-769-5758
 (Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. Hospice

Arbor Hospice..... 734-662-5999
 Hospice of Michigan..... 888-247-5701
 St. Joseph Mercy Hospice..... 888-418-5572

13. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
 Housing Access for Washtenaw County..... 734-961-1999
 Housing Bureau for Seniors..... 734-998-9339
 Ypsilanti Housing Commission..... 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

Brecon Village..... 734-429-1155
 Chelsea Retirement Communities..... 734-433-1000
 Evangelical Home (Saline)..... 734-429-9401
 Gilbert Residence..... 734-482-9498
 Glacier Hills..... 734-769-6410
 Huron Woods..... 734-712-5600
 Sanctuary at St. Joseph's Village..... 734-712-1600
 Silver Maples of Chelsea..... 734-475-4111
 Superior Woods Healthcare Center..... 734-547-7600
 University Living..... 734-669-3030

Apartments - Subsidized or Affordable

Baker Commons.. 734-994-8249
 Chidester Place... 734-487-9400
 Courthouse Sq.... 734-995-5511
 Cross St. Village... 734-483-8300
 Lurie Terrace..... 734-665-0695
 Miller Manor..... 734-794-6720
 Sequoia Place..... 734-669-8840
 Walls Manor..... 734-484-3820
 Carpenter Place... 734-973-8377
 Clark East Tower.. 734-482-5511
 Cranbrook Tower.. 734-668-8914
 Lexington Club.... 734-572-9000
 Mill Pond Manor... 734-429-3838
 Parkway Mdws.... 734-662-5055
 Towne Centre..... 734-482-5500

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B..... 800-852-7795
 Center for Independent Living..... 734-971-0277
 CSSW Senior Services Resource Advocacy..... 734-712-7774
 Eldercare..... 800-677-1116
 Jewish Family Services (JFS)..... 734-769-0209
 UM Turner Senior Resource Center..... 734-998-9353
 WC United Way..... 211 (from landline)
 Or..... 800-552-1183(from cell)

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice)..... 800-347-5297
 Legal Services of South Central Michigan..... 734-665-6181
 Washtenaw Bar Association Lawyer Referral (fee)..... 734-996-3229

16. MEALS

Group Meal Sites..... see "Senior Centers" list
 Senior Nutrition Program (OCED)..... 734-544-2977

Home-Delivered Meals

Aid In Milan..... 734-439-8420
 Ann Arbor Meals on Wheels..... 734-998-6686
 Chelsea/Manchester..... 734-475-9242
 Dexter..... 734-426-7737
 Saline..... 734-429-9274
 Ypsilanti Meals on Wheels..... 734-487-9669

17. MEDICAL SERVICES

Community Dental Center..... 734-998-9640
 Hope Dental Clinic..... 734-480-9575
 U of M School of Dentistry..... 734-763-6933

Geriatric Health Assessment

IHA & Internal Medicine..... 734-712-5189
 U of M Turner Geriatric Clinic..... 734-764-6831
 Washtenaw Geriatrics..... 734-528-5700
 (Medical Services continued on next page)



OFFICE OF COMMUNITY &
 ECONOMIC DEVELOPMENT

Collaborative solutions for a promising future

17. MEDICAL SERVICES (continued)

Health Services

- Chelsea Community Hospital (St. Joseph Mercy)..... 734-593-6000
EMS Life Link (Medical Alert System)..... 734-477-6453
Hope Medical Clinic..... 734-481-0111
IHA Reichert Internal Medicine at Towsley..... 734-712-5189
JFS Partners in Care Medical Accompaniment..... 734-769-0209
" Lifeline " (Medical Alert System)..... 800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church)..... 734-482-7121
Neighborhood Family Health Center (St. Joseph Mercy)... 734-547-7977
Packard Health..... 734-971-1073
Saline Community Hospital (St. Joseph Mercy)..... 734-429-1500
UM Turner Geriatric Clinic..... 734-764-6831
Veteran Affairs A2 Healthcare System (V.A.)..... 734-769-7100
Washtenaw County Health Department..... 734-544-6700
Huron Valley Pace..... 734-572-5777

Prescription Assistance

- CSSW MMAP (Medicare/Medicaid Assistance Program)..... 734-712-0523
Medicare/Medicaid information..... 800-803-7174
Washtenaw County Prescription Plan..... 734-544-6886

18. MEDICARE/MEDICAID HELP & INFORMATION

- CSSW MMAP (Medicare/Medicaid Assistance Program)..... 734-712-0523
Medicare..... 800-633-4227
Medicare/Medicaid information..... 800-803-7174
Medicaid Beneficiary Helpline..... 800-642-3195
Michigan Peer Review Organization (MPRO)..... 248-465-7300
WC Dept. of Health and Human Services (DHHS)..... 734-481-2000

19. NURSING HOMES & INFORMATION

- Housing Bureau for Seniors..... 734-998-9339
Michigan Bureau of Community Health Systems
Complaint Intake Unit..... 800-882-6006
Long Term Care division..... 517-241-4712
Michigan Long-Term Care Ombudsman..... 866-485-9393
Chelsea Retirement Community..... 734-433-1000
Evangelical Homes (Saline)..... 734-429-9401
Gilbert Residence..... 734-482-9498
Glacier Hills Care & Rehabilitation Center..... 734-929-6922

20. PHYSICAL FITNESS (See also your local Senior Center)

- Ann Arbor YMCA..... 734-996-9622
Chelsea Wellness Center..... 734-214-0220
Saline Recreation Center..... 734-429-3502
St. Joseph Mercy Health-Ellen Thompson Health Center... 734-712-5800
UM Turner Senior Resource Center..... 734-998-9353
Washtenaw Community College Fitness Center..... 734-975-9950
Washtenaw County Parks and Recreation..... 734-971-6337

21. RESPITE CARE

- Arbor Care, Inc..... 734-975-6608
Area Agency on Aging 1-B (AAA 1-B)..... 800-852-7795
Brecon Village..... 734-429-1155
Brookdale Ann Arbor..... 734-327-1350
CSSW Interfaith Volunteer Caregiver Program..... 734-712-5730
Huron Woods..... 734-712-5600
Silver Maples of Chelsea..... 734-475-4111
Superior Woods Healthcare Center..... 734-547-7600

22. SENIOR CENTERS For complete senior center info see website:

BlueprintForAging.org/washtenaw-county-senior-centers

- A2 Community Ctr..... 734-662-3128
Chelsea..... 734-475-9242
Jewish Community..... 734-971-0990
Milan..... 734-508-6229
Pittsfield..... 734-822-2117
UM Turner Sr. Res..... 734-998-9353
Ypsi.Twp 50 Beyond...734-544-3838
A2 Sr Center..... 734-794-6250
Dexter..... 734-426-7737
Lincoln..... 734-483-8366
Northfield Twp..... 734-449-2295
Saline..... 734-429-9274
Ypsilanti (City)..... 734-483-5014

23. SENIOR SUBSTANCE ABUSE

- Alcoholics Anonymous..... 734-482-5700
Chelsea Behavioral Health Services..... 800-328-6261
CSSW Senior Services Resource Advocacy..... 734-712-7774
Dawn Farm (Spera)..... 734-669-8265
Home of New Vision..... 734-975-1602
Older Adult Recovery Center..... 734-593-5251

24. SOCIAL SECURITY ADMINISTRATION

- Social Security Administration: National Office..... 800-772-1213
Social Security Administration: Ann Arbor Office..... 877-479-9625

25. SUPPORT GROUPS

- Al-Anon..... 734-995-4949
Alzheimer's Association..... 800-272-3900
Arbor Hospice Grief Recovery..... 734-662-5999
Arthritis Foundation (Michigan)..... 248-649-2891
CSSW GAP (Grandparents as Parents)..... 734-712-3774
Jewish Family Services (JFS)..... 734-769-0209
National Parkinson's Foundation..... 800-473-4636
St. Joseph Mercy Health System
Heart and Vascular..... 734-712-8205
Hospice Grief Recovery..... 888-418-5572
Stroke..... 734-712-2830
Turner Geriatric Clinic U of M:
Caring for Aging Relatives, Caring for Your Mate,
Diabetes, Low Vision, Staying Smoke Free..... 734-764-6831

26. TAX ASSISTANCE

- American Association of Retired Persons (MI Office)..... 866-227-7448
CSSW Tax Assistance Program..... 734-712-0588
Housing Bureau for Seniors..... 734-998-9339
St. Francis of Assisi Catholic Church..... 734-821-2100
United Way Tax Clinic..... 734-677-7235

27. TRANSPORTATION

- Ann Arbor Transportation Authority (Info Line)..... 734-973-6500
HVA Mobility Transportation (Wheelchair Vans)..... 734-477-6404
Jewish Family Services (JFS)..... 734-769-0209
Manchester Senior Citizens..... 734-385-6308
Night Ride and Holiday Ride..... 734-528-5432
People's Express..... 877-214-6073
The WAVE (Western Washtenaw Area Value Express).... 734-475-9494

28. VETERANS

- Michigan Ability Partners..... 734-975-6880
Michigan Family Assistance Center..... 517-990-1196
Michigan Veterans Affairs Agency..... 1-800-MICH-VET
OLHSA Housing..... 517-546-8500
Transition Assistance Advisor..... 517-990-1111
Veteran Affairs A2 Healthcare System (V.A.)..... 734-769-7100
Washtenaw County Veteran Affairs..... 734-973-4540

29. VISION IMPAIRMENT

- Kellogg Eye of Center U of M..... 734-763-8122
Washtenaw Library for the Blind and Physically Disabled
at the Ann Arbor District Library..... 734-327-4224

30. VOLUNTEER OPPORTUNITIES

- CSSW RSVF (Retired & Senior Volunteer Program)..... 734-712-4325
CSSW Senior Services Volunteer Program..... 734-712-4325
Hospice of Michigan Volunteer Program..... 734-769-4524
Jewish Family Services Older Adult Services..... 734-769-0209
OCED Foster Grandparent Program..... 734-544-3040
United Way of Washtenaw County..... 734-677-7234

31. WEBSITES

Remember your librarian can help with websites.

- Catholic Social Services of Washtenaw County..... cswwashtenaw.org
Click on "Services for" then "Older Adults"..... ewashtenaw.org
Human Services Resources..... uwwashtenaw.org
Jewish Family Services (JFS)..... jfsannarbor.org
MI Access to Services for Seniors..... michigan.gov/miseniors
Non-profit Credit Counseling..... greenpath.org
U of M Geriatrics Center med.umich.edu/geriatrics/index.htm
United Way volunteer opportunities..... volunteerwashtenaw.org
WC Aging Collaboration..... blueprintforaging.org
Low-Cost Medical Equip..... loanclosets.org/michigan



Need Help? Get Connected. Get Answers. 2-1-1 Livingston • Monroe • Washtenaw • United Way